



The Foundation for the Awakening Mind

Handbook

*And gratitude to God
becomes the way
in which He is
remembered,
for love cannot
be far behind
a grateful heart
and thankful
mind.*



Table of Contents

Welcome!	4
Guidelines at our Centers	6
Why Guidelines are Helpful	
Our Shared Purpose	
Internet Use	8
How will I Spend my Day?	9
Projects	
Expression Sessions	
The Clarity Process	
Strawberry Fields Campground Policy	12
Our Two Main Guidelines	14
No Private Thoughts	
No People-Pleasing	
Only Love is Real and Judgment is Impossible	22
Trust Leads the Way	23
Links – Centers and Organizations	24

Welcome!

Forgiveness is the means and miracles are the outcome.

Greetings! Thank you for your interest in visiting our Centers. We feel very honored that you have heard the call and will be joining us in our shared purpose of healing the Sonship. By visiting our Centers, you are entering into a miraculous experience of living in community and practicing how to truly Love.

Our Centers are dedicated solely to serving as a backdrop for healing the mind. Removing the obstacles to the awareness of Love's presence is our purpose. As we come together, the hidden beliefs in our subconscious will rise to the surface. In the past we only knew how to project them onto others through blame, guilt, and attack. But at our Centers, we offer a quiet environment which allows the ego thoughts and emotions to come up in a safe, loving, and non-judgmental space, allowing you to experience the healing grace of God's unconditional Love. This quiet environment is the perfect space for healing the mind.

You may already have noticed many thoughts arising since you said "yes" to spending time here with us. Just know that this is very typical since the ego always speaks first and most loudly. Just being aware of these ego thoughts is a good beginning step in training the mind to listen and follow the Holy Spirit's guidance. Coming to our Centers is the beginning of a lovely healing journey for you—a joyous and loving gift to your true Self. We are dedicated to living in the miracle; it is our only function. What is not the truth must, and will, rise. As Jesus said, "Perfect love casts out fear." Being at our Centers is not about being at a special place with special people, but it is about being in a space that will speed you up in your healing journey. It will very swiftly bring up judgments, fear, and feelings of unworthiness. Any and all emotions, topics, and concerns are actually encouraged to be brought up into awareness so that they may be released and exposed. There are no stupid questions.

The Holy Spirit is the Healer—it is in our willingness to question the ego that we invite Him in. We continually question how we feel, and make the decision to choose again when what we seem to be experiencing is anything other than Joy. We begin to consistently and truly question our seeming disturbances, and we join together in asking the Holy Spirit to help us see things differently. This is the mind training that Jesus is calling us into, and you *can* do what he has called you to do. Jesus tells us an un-trained mind can do nothing. For a short period of time, you are dedicating your mind to be obedient to the Holy Spirit, who is the voice for God.

We are joining together to attain a consistent state of Mind that is totally joyous! This is the true application of forgiveness as taught by Jesus. When you apply the tools, you will experience miracles!

We have had many visitors and retreatants from all over the world come to stay with us, and we have been totally gifted by each one of them. When we are healed, we are not healed alone. Every opportunity that we have been given for someone to pour their heart out has been an experience of our own mind healing. There literally is only one mind. The gift that we continue to share is that miracles are our natural inheritance and we are so worthy of this experience together. God loves us so much and His will for us is perfect happiness now and forever.

So let us begin together. We will take your hand and you will not lose your way. Know that you are about to encounter an actual experience of living in the miracle through forgiveness. All Glory to God! We love you!

Guidelines at our Centers

Why Guidelines are Helpful

What God has given is so far beyond our curriculum that learning but disappears in its presence. Yet while its presence is obscured, the focus properly belongs on the curriculum. It is the function of God's teachers to bring true learning to the world. Properly speaking it is unlearning that they bring, for that is "true learning" in the world. It is given to the teachers of God to bring the glad tidings of complete forgiveness to the world. Blessed indeed are they, for they are the bringers of salvation. "God Is" would be too high a concept and not enough for the untrained mind to work with. Therefore, Salvation's Task is to provide a ladder of undoing that takes the mind back to this point of remembrance.

Our guidelines provide a context for the mind to undo the ego. It is necessary to have reference points or prompts that are trusted to undo the belief in reciprocity and come to an experience of True Giving. The belief in reciprocity is a core belief and one that usually takes a great deal of mind training to undo. Therefore, all of the time at our Centers is to be used to get in touch with this belief and to see how it operates. As investment in reciprocity dwindles, the mind is freed to expand in the glory of God's presence and trust.

Our Shared Purpose

There are many resources to be found at the Centers, including mighty companions, stillness, mind training, creative expression, collaboration, and joining! Our Centers have been acquired through donation and Guided purchase, and are maintained through attentiveness and Purpose. In order that they continue to serve, with a large turnover of retreatants deepening in mind training, we have developed a series of policies and procedures for a backdrop for unwinding the "I know" mind and deepening in Trust.

Rather than as a right or wrong way to do something, the guidelines are intended as a pause for "right-mindedness" as you are "worked

through." Attentiveness to remembering Who You Are allows for flow and for joining in hearing the One Voice for God. In fact, we are completely dependent on this in order to Live in the Miracle! We allow our day to be orchestrated for what serves the whole, in deep Trust and growing recognition that it involves no sacrifice. Stripped of all our conditioned ways, we are radiant, abundant, and available to Love.

Our Centers offer a context for training the mind to hear and follow the Holy Spirit's guidance. We use our time together to learn how to truly communicate with each other. Our general guidelines are: 1) no private thoughts, and 2) no people-pleasing. As we join together and develop trust in one another, we naturally lay down our "masks" and expose our hidden beliefs. This allows the Holy Spirit to heal our minds and lead us to the awareness of Truth.

Guidelines

- All visits should be prearranged with the Center Coordinator.
- In the spirit of limiting distractions, please communicate in advance to friends and family your intention to be on spiritual retreat and the duration of your stay.
- Please feel free to take some time to relax and enjoy the experience of quiet time. It is a blessing to use this time to go within. Quiet time/meditation is encouraged. We are living in community; please be attentive to other guests and their need for quiet.

General Requests

- Please be willing to look at all areas of your mind.
- The atmosphere at our centers is quiet and devotional; please be mindful of purposeless chatter.
- Please be mindful with the use of electronic devices such as cell phones, PDAs, laptop computers, MP3 players, etc.

- Please be willing to look at and relax your personal preferences around food, sleeping quarters, community bathrooms, etc.
- Please be attentive to keeping your sleeping area neat. You will be sharing a space.
- Bathrooms/showers are a shared area. Please be attentive to cleaning up after use. Please also be mindful of sharing the limited space for toiletries, towels, etc. in the bathroom/shower area.
- You are responsible for all items you bring here. Please be attentive to taking them with you when you leave.
- Please clean up after yourself after using the community kitchen.

Items not permitted at our Centers

- Pets
- Distraction devices such as newspapers, magazines, etc.
- Alcohol and illegal drugs are not permitted on the property

Internet Use

At all our Centers, wireless internet (Wi-Fi) has a specific purpose and its use is highly Guided. When you arrive at our Centers, you will receive a general orientation that will address and assist you with current guidelines regarding internet use.

Visiting our Centers is an opportunity to look at your thoughts and let go of patterns, beliefs, and expectations. We encourage you to take the time to step back and sink into the joy of a simple and mystical way of life.

How will I Spend my Day?

Days at our Centers are structured in order to assist with mind training and allowing ego thoughts to arise for healing.

Projects

Our Centers' atmospheres are used solely as backdrops for healing the mind and learning to listen to the Holy Spirit. Prayer and quiet time is encouraged, but projects are used as the backdrop for developing attentiveness, allowing ego thoughts to arise, and learning how to truly communicate. It is the "chop wood, carry water" philosophy, and our goal is to really experience JOY as we let go of the "doer" and allow the Holy Spirit to do it through us. It is great Joy to practice and to come together this way. Know that you are loved and Spirit has us all in the palm of His hand as we learn how to love one another.

Expression Sessions

We have Expression Sessions" so that any ego thoughts that are coming up may be shared. These sessions are a time for opening up honestly in a safe and non-judgmental atmosphere.

The Clarity Process: A Guide for Expression Sessions

The Purpose of the Process

The purpose of the Clarity Process is: To give and receive unconditional love, acceptance, and support; to create a safe, loving, non-judgmental space in which we can open our hearts and move through our fears; to learn how to listen from a place of true empathy; and to learn how to expose and release limiting beliefs and concepts in an accountable way. The outcome is a clear mind.

The Group Process

Open the session with prayer inviting the Holy Spirit to be present.

1. Remember our Purpose: We are here to love and accept one another; not to judge, analyze, rescue or try to fix one another.
2. We agree to share from our hearts and be honest about what we are thinking and feeling. This is a time to look at and question the beliefs that block the awareness of Love's presence.
3. If you are experiencing judgment when another is speaking it is an opportunity for you to look at your own healing.
4. We will not interrupt anyone's process. We will give the person who is sharing our undivided attention. We will not engage in cross-talk.
5. We will take thirty seconds in silence to acknowledge each person's sharing.
6. We will not monopolize the group's time and attention. We will stay present and focused.
7. We will make "I" Statements, not "You" statements. We will take responsibility for our own experiences and respect the experience of others. We will not assign "our" meaning to something someone else has said.
8. We will not hide our hurt or angry feelings. We will share them without trying to make others responsible for how we feel.
9. We will not defend ourselves or try to justify our words or actions. We will share any feelings that come up for us in the safety of the circle.
10. We will stay in the present moment. We will not bring up the past or future, unless they are happening for us here and now. Stay current... what am I feeling right now.
11. We will honor the silence, knowing that it offers us an opportunity to hear the Holy Spirit and become more deeply present to ourselves and others.

12. If we feel that the group is going "off-purpose," we will ask for a moment of silence, during which our group can re-center and remember its purpose.

13. We will use whatever transpires in the group as an opportunity to practice forgiveness.

The Group Agreements

1. We agree to honor the purpose of the group.
2. We agree to practice the process.
3. We agree to be on time for every group meeting.

The Holy Spirit's function is entirely communication. He therefore must remove whatever interferes with communication in order to restore it. Therefore, keep no source of interference from His sight, for He will not attack your sentinels. But bring them to Him and let His gentleness teach you that, in the light, they are not fearful, and cannot serve to guard the dark doors behind which nothing at all is carefully concealed. We must open all doors and let the light come streaming through. There are no hidden chambers in God's temple. Its gates are open wide to greet His Son. No one can fail to come where God has called him, if he close not the door himself upon his Father's welcome.

Thank you, Holy Spirit, for your loving Guidance.

Strawberry Fields Campground Policy

- The Strawberry Fields Campground is not responsible for any loss or damage to personal property.
- Quiet hours are from 10 pm to 6 am. Please turn off all music and refrain from any loud activities or noises.
- The use of fireworks or other explosives is prohibited within campgrounds.
- Alcoholic beverages in the campground are prohibited.
- If you are permitted to select your own site, notify the Campground Supervisor right away about what site you have chosen.
- Please report any malfunctions to the Campground Supervisor.
- Retreat participants must supply their own toiletries, laundry soap, and dish soap.
- All personal property must be removed, and your trash put in trash containers when leaving.

Energy and Water Conservation

- Campers will make every effort to conserve energy. When the site is not being used, campers are asked to turn off indoor and outdoor lights, heaters, and air conditioners. Refrain from using AC if there is cool breeze blowing in the evenings.
- Tap water shall be conserved to assist with water supply. Excessive lawn watering, trailer washing, etc., is at the discretion of the Supervisor. Further watering restrictions may apply.
- Campers must supply their own toiletries, laundry soap, and dish soaps.
- Campers in tents: Dishes, pots, pans and silverware can be washed at the utility sink in the bathhouse. Please do not leave items behind when you are through.
- A reverse osmosis faucet is available for fresh drinking water; please use only what is needed for the day.

Site Cleanup Requirements

- Keep your site clean of all litter and waste. Keep garbage, litter, and foreign substances out of the river and other water supplies.
- Throw all garbage and litter into dumpsters provided for this purpose or take it with you. Wrap garbage in plastic before throwing it into the dumpster.
- Water is for personal use only. Washing cars, boats, or RVs is prohibited.
- Use toilets properly. Do not throw foreign substances in toilets and plumbing fixtures.
- After using any facility, clean up and leave it the way you found it.
- All sites must be kept in a neat and clean condition. This includes decks, sheds, and any other items that may be on site.
- Firewood must be cut to length (maximum of 18 in.) and stacked neatly at the designated areas.

Campfire Safety

- Obey restrictions on fires. Fires may be limited or prohibited at certain times.
- Build fires only in fire rings provided for that purpose. Firewood must be small enough to fit inside the fire ring.
- Do not put cans, bottles, plastic, food, or rocks in fire ring.
- Do not start campfires with gasoline or camping fuel. Keep flammable materials away from campfires.
- Be sure that your fire is attended at all times and is completely extinguished before leaving your site or going to sleep at night.

High-Wind Conditions

Be mindful that outside awnings, chairs, tables, buckets, etc. will blow away in high wind. Please secure them during high-wind conditions.

The Barn

Off-season storage may be permitted either on site or in an area provided by the Campground Supervisor. All storage items must be approved by the Supervisor. The only items that may be stored on site or in a designated area are trailers, decks, and sheds/wood boxes as per signed winter storage agreement. Sites located in high-water areas must be cleared of all items; a designated storage area will be provided. Any items stored without an agreement will be removed at the owner's expense and disposed of with a minimum \$50.00 cleanup fee.

Our Two Main Guidelines

Our two main guidelines are:

- No people-pleasing
- No private thoughts

No People-Pleasing

We advocate following Inner Guidance and accepting complete responsibility for your state of mind. Conformity to "external authority" or unconscious beliefs is never authentic or helpful on the spiritual journey. Impeccable integrity is the certain outcome of yielding to the Holy Spirit for all decisions. "Holy Spirit, decide for God for me" is our constant prayer of gratitude, and it is very practical. This yielding to the Spirit offers immediate results.

What is People-Pleasing?

People-pleasing is walking on eggshells in order to smooth things over with others (for example, family members or even Course groups) so as not to rock the boat. This "sweet icing" seems to serve the purpose of keeping things rolling smoothly. People-pleasing is an ego mechanism which looks for love and recognition and respect from others instead of from within. It is a way of distracting oneself from looking

within and uncovering and releasing the darkness that is believed to be real.

It is so important to release all people-pleasing and to follow your heart. Otherwise, every day will seem like nothing more than a series of compromises. Guilt always comes from holding onto the false self-concept and to past associations, both of which were made by the ego to keep you from soaring. These past associations may seem familiar and comfortable, but they always entail compromise and sacrifice. These beliefs must be exposed and released, for they cover over the Present in awareness.

How is People-Pleasing Undone?

When you call on the Holy Spirit, He forces all of the darkness up into awareness, like a giant glacier of light, forcing thoughts into consciousness. This is much more helpful than the people-pleasing. The following two tools are keys to undoing people-pleasing:

Speaking from the heart

Take all the time you need to talk about your thoughts and feelings with those who are joined in Purpose and willing to listen. Be willing to devote to the Course in attitude and perspective. You can practice speaking from the heart and seeing how things unfold. It will be miraculous!!!

Being unconcerned about other people's reactions

Speak what is on your heart and don't be concerned about the other person's reactions, as you have been in the past. As you feel a need to take action, do so from a state of peace and practicality. A woman who had been pleasing her mother for 30 years recognized this defense mechanism and then had a strong talk with her. The theme of the talk was "no more." The straightforward, direct approach may seem to make waves but it is always the best. Otherwise, the denial and repression builds and you can feel as if you will explode.

What are the Results of not People-Pleasing?

Release from Peer Pressure

Peer pressure is a favorite ego defense, so it takes an effort to release people-pleasing behavior. If you follow your heart, some of your peers may seem to fall away, but many, many mighty companions will show up from every direction. As the belief in loss and sacrifice is exposed and released, those heartbreak feelings of loss will also disappear. A life of devoted Purpose is the way of living “in the world and not of it.” The awareness of this Purpose gets clearer and clearer as we allow Holy Spirit to use the symbols and images that the ego made. You have such a Light to shine!

Accelerated Healing for Everyone

Being honest about your feelings speeds up healing for everyone. By allowing your feelings to come up without judgment, you realize your power of interpretation. See that by being honest with yourself and your feelings, you will speed along the awakening for everyone. Where the mind anticipates loss of love, it will find a blessing instead. People-pleasing is like false contracts that have been made to keep the illusion of love in place. When you let go of these contracts, you find enormous blessing—beyond what you could imagine. You no longer hold your brother to expectations and therefore your own mind is released.

The Experience of Joy!

When you allow yourself to interpret each encounter as a holy encounter, where you practice joining and seeing innocence in each circumstance (and learning as maximal), the happy, non-judgmental perspective will seem to stabilize. When you focus on that Joyful Inner Flow, you will seem to be more enjoyable to be with and the people in your awareness will begin to reflect this attitude.

No Private Thoughts

The experience of Union is the experience of a Unified Mind in which there is no secret kept apart from Spirit. Everything is openly re-

vealed in the Light of Truth. *Love has nothing to hide and is forever openly revealed exactly As It Is.* Only the Thoughts of God can be shared.

What are Private Thoughts?

In the unholy instant, you thought you separated from God and could make your own world, usurping God’s function of creation. Your private perceived images, judgments, and opinions make your own unique world. You identify with these private thoughts; you think they are who you are and that you can control your life. But “It is a fact that there are no private thoughts.” (W-19.2)

What you think are your private thoughts are meaningless, outside rather than within, past rather than present. They are not real. They are nothing. When you think them your mind is a blank. You unconsciously carry guilt about your private thoughts because they are attacks on God.

Private Thoughts Block the Holy Instant

“The holy instant is a time in which you receive and give perfect communication. This means, however, that it is a time in which your mind is open, both to receive and give. It is the recognition that all minds are in communication. It therefore seeks to change nothing, but merely to accept everything.” (T-15.IV.6)

“How can you do this when you would prefer to have private thoughts and keep them? The only way you could do that would be to **deny the perfect communication that makes the holy instant what it is. You believe you can harbor thoughts you would not share, and that salvation lies in keeping thoughts to yourself alone.**

For in private thoughts, known only to yourself, you think you find a way to keep what you would have alone, and share what [you] would share. And then you wonder why it is that you are not in full communication with those around you, and with God Who surrounds all of you together.” (T-15.IV.7)

Ego Thoughts are not Reflective of Who You Are

"No private thoughts" is being adopted in many homes and ACIM groups and by friends who are recognizing that it is a fast-track for healing. Intense as it may be at first, the results of trusting Holy Spirit and the mighty companions and being willing to "take the lid off" of these feelings and thoughts means everything. When you can see that the thoughts are not true, and they are not reflective of Who You are, it's not long before these thoughts are laughed at and seen as illusion.

What are the Consequences of Private Thoughts?

"Every thought you would keep hidden shuts communication off, because you would have it so. It is impossible to recognize perfect communication while breaking communication holds value to you. Ask yourself honestly, 'Would I want to have perfect communication, and am I wholly willing to let everything that interferes with it go forever?' If the answer is no, then the Holy Spirit's readiness to give it to you is not enough to make it yours, for you are not ready to share it with Him. And it cannot come into a mind that has decided to oppose it. For the holy instant is given and received with equal willingness, being the acceptance of the single Will that governs all thought." (T-15.IV.8)

Exposing Private Thoughts

The ego wants to keep them hidden and thus will always defend against exposing private thoughts. But exposing private thoughts only seems personal and threatening to the ego that is identified with them. Confession, properly perceived, offers only release.

How are Private Thoughts Undone?

Questioning every value that you hold

"To learn this course requires willingness to question every value that you hold. Not one can be kept hidden and obscure but it will jeopardize your learning." (T-24.IN.2)

"No one can escape from illusions unless he looks at them, for not looking is the way they are protected. There is no need to shrink from illusions, for they cannot be dangerous. We are ready to look more closely at the ego's thought system because together we have the lamp that will dispel it, and since you realize you do not want it, you must be ready." (T-11.V.1)

The world of images was made to take the place of God. To forgive the world, you must raise to your awareness the ego belief system that made it. That belief system is in your mind. The world is the representation of your private thoughts. The world is entirely in your mind; there are no specifics, persons, past or future.

Nothing can happen to you apart from what your mind desires. If you wholly desire the peace of God, that must be your experience. The Holy Spirit uses what was made in hate to teach the meaning of true forgiveness. The miracle will remind you that the false is false, and you will experience peace.

Having no thoughts that you would like to keep

"The necessary condition for the holy instant does not require that you have no thoughts that are not pure. But it does require that you have none that you would keep. Innocence is not of your making. It is given you the instant you would have it. Atonement would not be if there were no need for it. You will not be able to accept perfect communication as long as you would hide it from yourself. For what you would hide [is] hidden from you. In your practice, then, **try only to be vigilant against deception, and seek not to protect the thoughts you would keep to yourself.** Let the Holy Spirit's purity shine them away, and bring all your awareness to the readiness for purity He offers you. Thus will He make you ready to acknowledge that you are host to God, and hostage to no one and to nothing." (T-15.IV.9)

Freeing the mind from denial by exposing error

Confession as a symbol of not hiding or protecting any thoughts from the Holy Spirit, with a willingness to expose that which was previously

hidden and pushed out of awareness, is very Helpful indeed. This is a very useful step toward the realization of, as a friend said: “forgive them for they haven’t done anything at all.” As the mind becomes immersed in Purpose, the need for confession vanishes, but until the experience dawns confession serves **to free the mind from the denial of Love by exposing the error.**

Acknowledging the pain that is hidden under games and tricks

Beyond all the games and tricks on the surface is hidden pain, **and healing cannot occur until this pain is acknowledged instead of denied.** Yet once acknowledged the pain can quickly be released. Illusions which are not protected from the Light will disappear, simply because they have no foundation.

Speaking them in order to release them!

The purpose of Holy relationship is healing, seeing the perfect Christ in ourselves and in each other. In relationships, issues may come up around expectations for intimacy and role expectations. Each time your peace is disturbed, whenever you feel irritated or unsettled, it is an opportunity to take an honest look at your beliefs and **bring them up so they can be released.** When they are cleared you can see things differently. But trust is needed to bring them up. The three steps to releasing private thoughts are:

1. Noticing the thoughts
2. Bringing them to the light by voicing them in an environment of trust
3. Seeing that they are nothing and detaching from them

An Example of Releasing Private Thoughts

“The first time I really let loose with my partner, I had been suppressing my feelings for a while because I knew intellectually that what I was annoyed about was all in my mind and that I was projecting it all onto him. Therefore, I either repressed the negative thoughts or I handed them over to the Holy Spirit and hoped that they were gone.

Well, they weren’t. I flicked them away and they kept coming back to annoy me again and again. And it felt so personal! I felt I couldn’t possibly say these judgmental, insulting, persnickety things to him! As I kept distancing myself from these thoughts, I found myself distancing myself from him, which just seemed to make it all worse.

Finally they had to come up, and I let out all my thoughts. I felt terrible. I spilled out my judgments so forcefully others could hear me. When I finished, I thought that was the end of the relationship. But to my surprise, my partner said, “This is good.” I thought he was crazy! But Jesus says that when one of you is letting it come up, the role of the other is to stay in his right mind, to hold with the Holy Spirit and remember his indebtedness to his brother.

My partner said that clearing all the judgments was the beginning of the relationship; that it is essential to express private ego thoughts. They are all based on the past; they are all judgments. **The thoughts must be released in order to trust—not just to trust your partner as a person, but to trust God** (Love) as your partner must trust Him. My partner doesn’t take it personally. Expressing my ego thoughts took away the fear that I could say something wrong.

My experiences seemed very personal at the time, but they’re really not. I’m clearing away the private thoughts not just for myself, but for everyone. When I took the plunge and allowed myself to take the lid off and uncover what was down there, I gave myself the opportunity to heal. My relationships can only become more trusting, loving, open, and honest as I continue to trust the Holy Spirit and allow Him to lead the way.”

What are the Results of No Private Thoughts?

More trusting, loving, open, and honest communication

It is important to expose private thoughts in order to be in full communication, which is the only state in which God can be known. When we take the plunge within and allow our mind to uncover what is down there, we give our mind the opportunity to heal. Our relation-

ships can become only more trusting, loving, open, and honest when we continue to trust the Holy Spirit to lead the way.

The ability to call upon real thoughts

"If I have no private thoughts, I cannot see a private world. I can also call upon my real thoughts, which share everything with everyone. As my thoughts of separation call to the separation thoughts of others, **so my real thoughts awaken the real thoughts in them.** And the world my real thoughts show me will dawn on their sight as well as mine." (W-54.3)

Only Love is Real and Judgment is Impossible

The metaphysics of "Nothing real can be threatened. Nothing unreal exists" are clear and straightforward. Apply the workbook lessons and refrain from making any exceptions. Many teachers focus on the principles and words and give little attention to practical application and transfer of training. If you would forgive, you must experience that there is no such thing as partial forgiveness. Only complete forgiveness, or Atonement, brings lasting peace. **"Judge not" is not an injunction to stop judging. Rather it is an invitation to the awareness that judgment is forever impossible.** You need not make amends for past judgments, for by understanding that judgments are unknown to God, to Love, you realize that only Love is real and judgment is impossible. How Innocent is the Being God creates in Wholeness and Spirit. To know the Christ as Thy Self is inevitable.

Trust Leads the Way

"All terms are potentially controversial, and those who seek controversy will find it. Yet those who seek clarification will find it as well. They must, however, be willing to overlook controversy, recognizing that it is a defense against truth in the form of a delaying maneuver." (C.IN.2)

There are many examples where the rules or guidelines do not cover every scenario. But if Trust is out front then the mind has no need to look for exceptions that attempt to prove that the 'devil is afoot'. Our Centers focus on developing a chain of trust where individual concerns and general egoic mistrust can be washed away to experience true sharing. This is a fast track home.

"Trusting your brothers is essential to establishing and holding up your faith in your ability to transcend doubt and lack of sure conviction in yourself." (W.181.1.1)

Thank you for your presence and devotion and for your willingness to expose all. Your generosity, support, and love is greatly appreciated. Our Centers will continue to be a large shade tree for all those who desire to know the truth in safety and gentleness. This quote below can be our community credo:

"With the thought of God.....See how life springs up everywhere! The desert becomes a garden, green and deep and quiet, offering rest to those who lost their way and wander in the dust. Give them a place of refuge, prepared by love for them where once a desert was. And everyone you welcome will bring love with him from Heaven for you. They enter one by one into this holy place, but they will not depart as they had come, alone. The love they brought with them will stay with them, as it will stay with you. And under its beneficence your little garden will expand, and reach out to everyone who thirsts for living water, but has grown too weary to go on alone." (T-18.VIII.9)

Links – Centers and Organizations

ACIM Devotional Center

www.acimcentre.org

The Foundation for the Awakening Mind

www.awakening-mind.org

Living Church Ministries

www.livingchurchministries.org

Living Miracles America

www.livingmiraclescenter.org

Living Miracles Australia

www.livingmiracles.org.au

Living Miracles Europe

www.livingmiracles.eu

Living Miracles Metaphysical Center

www.livingmiraclescenter.org/center.html